| COMPANION PLANTING CHART |                             |  |  |   |   |  |  |
|--------------------------|-----------------------------|--|--|---|---|--|--|
| Plant                    | Family                      | Helps  | Helped By  | Attracts/Repels Pests                                       | To Repel Pests, Plant<br>Near   | Avoid  | Notes  |
| Alliums                  | Amaryllidaceae              | Tomatoes, peppers, potatoes, brassicas, and carrots  | Carrots  | Repels slugs, aphids,<br>carrot flies, and<br>cabbage worms |   | Beans, peas, and parsley   |  |
| Asparagus                | Asparagaceae                | Tomatoes   | Dill, coriander,<br>tomatoes, parsley,<br>basil, comfrey,<br>marigolds, and<br>nasturtiums | Coupled with basil, it<br>tends to encourage<br>ladybugs    |   | Onion, garlic,<br>and potatoes   |  |
| Beans                    | Leguminosae or pea          | Corn, spinach,<br>lettuce, rosemary,<br>summer savory, dill,<br>carrots, brassicas,<br>beets, radish,<br>strawberry,<br>cucumbers, and<br>mint | Eggplant and<br>summer savory  | Repel California<br>beetles                                 |   | Tomatoes, chili<br>peppers, and<br>alliums   |  |
| Beets                    | Chenopodiaceae or goosefoot | Lettuce, kohlrabi,<br>onion, and<br>brassicas  | Catnip, garlic, and<br>mint  |   |   | Runner or pole<br>beans  | The leaves of the beet make great compost by adding 25% magnesium to the soil. Runner or pole beans and beets stunt each others' growth. |
| Brassicas                | Brassicaceae or<br>mustard  |  | Dill, alliums,<br>rosemary, and<br>nasturtium  | Repel wireworms   | Borage, the magic bullet of companion planting. It repels many pest and attracts predatory insects and honeybees. | Mustards and nightshades   |  |
| Broccoli                 | Brassicaceae or<br>mustard  | Dill, alliums,<br>rosemary,<br>nasturtium, borage  |  |   | Borage again. Chervil repels aphids, and chives repel cabbage worms, carrot flies, and aphids.                    | Mustards,<br>tomatoes, and<br>peppers  |  |
| Cabbage                  | Brassicaceae or<br>mustard  | Dill, alliums, and<br>rosemary   |  |   | Rosemary repels cabbage flies, and geraniums trap cabbage worms. Also good in combo with borage and chives.       | Mustards,<br>tomatoes,<br>peppers,<br>strawberries,<br>and pole or<br>runner beans | Same general companion profile as other members of the Brassicas family  |

| Carrots               | Umbelliferae or<br>aromatic | Tomatoes, alliums,<br>lettuce, sage,<br>rosemary, and<br>radishes       | Alliums, rosemary,<br>wormwood, sage,<br>beans, and flax.<br>Chives and carrots<br>help each other.     | Attracts parasitic<br>wasps, yellow jackets,<br>and other predatory<br>wasps. | Chives repel cabbage worms, carrot flies, and aphids.                                  | Dill, parsnips,<br>and radishes            | Tomatoes grow better near carrots but may stunt carrots' growth. Beans, which are bad for tomatoes, provide the nitrogen carrots need. Aromatic companions, such as alliums, will confuse onion and carrot flies. For carrots' beneficial insect-attracting properties to work, they need to be allowed to flower, so I suggest using Queen Anne's lace. Flax, which produces an oil, can help protect root vegetables from pests. |
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| Celery                | Umbelliferae or aromatic    |   | Cosmos, daisies, and snapdragons  |   |  | Corn or aster flowers                      | Aster flowers can transmit the aster yellow disease.   |
| Corn/maize            | Gramineae                   | Beans   | Sunflowers,<br>leguminosae,<br>cucurbitaceae,<br>amaranth, lamb's<br>quarters, parsley,<br>and potatoes |   |  | Tomatoes and celery                        | Corn provides a natural trellis for beans and, using the three sisters technique, is protected from predators and dryness by cucurbitaceae.*   |
| Cucumber              | Cucurbitaceae or gourd      |   | Nasturtiums,<br>radishes,<br>marigolds,<br>sunflowers, peas,<br>beets, carrots, and<br>dill             | Beneficial for ground beetles   |  | Tomatoes and sage                          |  |
| Eggplant or aubergine | Solanaceae or nightshade    | Beans and peppers   | Marigolds,<br>tarragon, and mint  |   | Marigolds deter nematodes.   |  |  |
| Leeks                 | Amaryllidaceae or<br>allium | Celery and apple<br>trees   | Carrots   | Repels cabbage worms, aphids, carrot flies, and others.                       |  | Leguminosae<br>and Swiss chard             |  |
| Lettuce               | Compositae                  | Radishes, kohlrabi,<br>beans, and carrots                               |   |   | Mints (including hyssop) and sage. Other balms repel slugs, and chervil repels aphids. | Celery,<br>cabbages, cress,<br>and parsley |  |
| Mustard               | Brassicaceae or<br>Mustard  | Cabbages,<br>cauliflower,<br>radishes, Brussels<br>sprouts, and turnips | Chives  | Various pests   | Chives repel cabbage worms, carrot flies, and aphids.                                  |  |  |

| Nightshades<br>(solanaceae<br>and solanum) | Solanaceae or<br>nightshade  |                           | Carrots, alliums,<br>mints, basil,<br>oregano, etc. |                                     |  | Beans, black<br>walnuts, corn,<br>fennel, dill, and<br>brassicaceae                 |   |
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| Onion                                      | Allium                       | Tomatoes and brassicaceae | Carrots   |                                     | Aphids, carrot flies, and other pests  | Beans, lentils,<br>peas, and<br>parsley   |   |
| Parsnips                                   | Umbelliferae or<br>aromatic  | Fruit trees               |   | A variety of predatory insects      | When parsnips are left to seed, they attract a variety of predatory insects and are particularly helpful under fruit trees. Their roots contain Myristicin, which is toxic to fruit and house flies, as well as red spider mites and pea aphids. |   | To help control pests, thoroughly blend several parsnip roots to 1 liter of water. (Make sure to use a blender retired from the kitchen.) Let sit overnight, strain, and spray within a few days.   |
| Peppers                                    | Solanum (genus:<br>capsicum) | Themselves and marjoram   | Tomatoes and basil                                  | Attracts the tomato hornworm.       | Basil attracts butterflies and Japanese beetles but repels asparagus beetles, mosquitoes, thrips, and flies.   | Beans, kale,<br>cabbages,<br>Brussels sprouts,<br>etc.                              | Although peppers require direct sunlight and like high humidity, their fruit need shelter from direct sunlight. Dense leaf or ground cover companion s, such as marjoram, basil, and Swiss chard, can help provide this and can be grown near tomatoes to shelter sunlight and increase humidity. |
| Potatoes                                   | Solanaceae or<br>nightshade  |                           | Horseradish and carrots                             |                                     | Horseradish increases potatoes' disease resistance.  | Atriplex, carrots, cucumbers, onions, raspberries, squash, sunflowers, and tomatoes |   |
| Pumpkins or other squash                   | Cucurbitaceae or gourd       | Corn and beans            | Buckwheat, catnip,<br>tansy, and radishes           | Attract spiders and ground beetles. | Radishes can be used as a trap crop against flea beetles; cucurbitaceae can be used in the three sisters technique.  |   |   |

| Radishes |                             | Squash, eggplant,<br>cucumbers, and<br>lettuce |   | Repel flea and cucumber beetles.                        |   |   | Radishes can be used as a trap crop against flea beetles.  |
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| Spinach  | Chenopodiaceae or goosefoot |  | Peas, beans, and coriander/ cilantro  |   | Cilantro/coriander<br>repels aphids, spider<br>mites, white flies, and<br>potato and dill<br>beetles. |   | Peas and beans provide natural shade for spinach.  |
| Tomatoes | Nightshade                  | Peppers and asparagus                          | Basil, oregano,<br>parsley, chives,<br>carrots, alliums,<br>celery, and<br>nasturtium | Attracts Tomato hornworms but repels asparagus beetles. | Marigolds and borage. Chives repel cabbage worms, carrot flies, and aphids.                           | Black Walnut,<br>corn, fennel,<br>peas, dill,<br>potatoes,<br>beetroot,<br>brassicas, and<br>rosemary | Black walnut inhibits tomato growth and is bad for all nightshade plants due to a chemical it produces called jug lone. Dill attracts the tomato hornworm. |