

Farm Aid's **HOMEGROWN**

DIRECT FROM THE *Food for All!*  FAMILY FARM

» LONE CEDAR CAFÉ «

Shrimp & grits

(Shrimp from Pamlico Sound, stone ground grits, pasture raised pork)

Fried yellowfin tuna bites

(From the Gulf Stream)

» THE BONE «

Pulled pork sandwich

pasture-raised pork, homemade BBQ sauce and organic cole slaw

Pulled chicken sandwich

Whiffletree Farm chicken, homemade BBQ sauce and organic cole slaw
(With non-GMO potato chips)

» NUT N' BETTER «

Almonds

With organic sugar and cinnamon

Pecans, South Carolina

With organic sugar and cinnamon

Virginia Peanuts



» HIDDEN JULLES "THE RAMBLER" «

Cuban sandwich

pork, ham and bacon, pickles, organic provolone, cilantro jalapeno aioli on house baked bread

Carnitas

pork, lettuce, tomato, cilantro jalapeno aioli on an organic corn tortilla

Hot Ham

ham, bacon, organic provolone, cilantro jalapeno aioli on house baked bread

Santa Fe wrap

chicken, bacon, lettuce, tomato, guacamole with organic avocado in an organic whole wheat wrap

Mango chicken wrap

chicken, organic mango, mango chutney, lettuce, tomato on an organic whole wheat wrap

Turkey brie

turkey, organic brie, spinach and spicy plum chutney on house baked bread

Vegan wrap

organic hummus, organic black beans, organic quinoa, organic spinach, cucumbers, lemon vinaigrette and pico on an organic whole wheat wrap

Smoked salmon wrap

wild caught salmon, organic hummus, organic black beans, organic quinoa, organic spinach, cucumbers, lemon vinaigrette, pico on an organic whole wheat wrap

(Ingredients from: Great Oak Farm, Whiffletree Farm, The Farm at Broad Run, Green Wizard Farm, The Virginia Chutney Company)

Smoothies

made from organic fruit, sugar, apple juice and water

» MAMA'S DONUT BITES «

Apple cider donuts

(Cider, Spring Valley Farm, Non-GMO and artisanal ingredients)

» MOO-THRU «

Peach ice cream

(Saunders Brothers Orchard)

Strawberry ice cream

(Millers Farm Market)

Whiskey caramel ice cream

(Whiskey from Belmont Farm Distillery)

Vanilla ice cream

» JIRANI COFFEEHOUSE «

Coffee

(fair trade, organic)

Sweet Pearlz

Cheesecakes

Chocolate ganache
Mango rum sauce
Caramel bourbon sauce

Wow Bakery

Vegan and gluten-free

Brownies

with organic confectioners sugar or vegan chocolate ganache

FRESH STANDS "PICNIC SUPPLIES"

Bonnyclabber Cheeses

Chesapeake Blue, Moonshine, Tidewater
Sullivan's Pond Farm

Charcuterie

Calabrese, Napoli, Toscano, Pepperoni
pasture-raised, organic feed from Olli Salumeria

Bread

Sesame seed French, Spelt bread, Prairie brown bread
Organic, locally baked, Sweetwater Bakery

Crackers

Sea salt, rosemary & sea salt, spicy sesame seed
locally baked, Firehook Bakery

Salad-in-a-cup

green lettuce, cherry tomato, radish, orange supremes, tarragon vinaigrette
local produce, Appalachian Harvest

Bread & Butter Sliced

Pickles

MeadowCroft Farm

Chocolate

Sea Salt 70% Dark, Raspberry 70% Dark, Chili 70% Dark
organic, fair trade

CLASSICS

Hot Dog

All Beef, Certified Humane

Foot Long

Mac and cheese topped
All beef, Certified Humane

Burger

All beef, Certified Humane
Organic cheese, local lettuce and tomato
Appalachian Harvest

Farm Fresh Burger

All beef, Certified Humane
Organic cheddar cheese, baby bella mushrooms, arugula salad

Chicken tenders & wedges

Chicken, Shenandoah Valley Organic

Nachos

Tortilla chips, black bean, corn, and fresh Pico de Gallo salad
local corn chips

J&J Pretzels

Popcorn

Non-GMO



100% VEGGIE

Portobello mushroom burger

Grilled and marinated in organic olive oil, vinegar, & herbs
vegan chipotle mayo, arugula salad

Soba noodle salad

Organic buckwheat noodles, sesame oil, edamame, radish, cilantro
Frontier Co-op organic sesame seeds

Grains, beans & greens

Organic basmati and wild rice, white beans, local Tuscan kale salad with cherry tomatoes and feta

Farm fresh nachos

Tortilla chips, black bean, corn, and fresh Pico de Gallo salad
local corn chips

SPODS

Chesapeake crab wedges

Potato wedge, Old bay seasoning, Chesapeake Bay blue crab meat, malt vinegar aioli

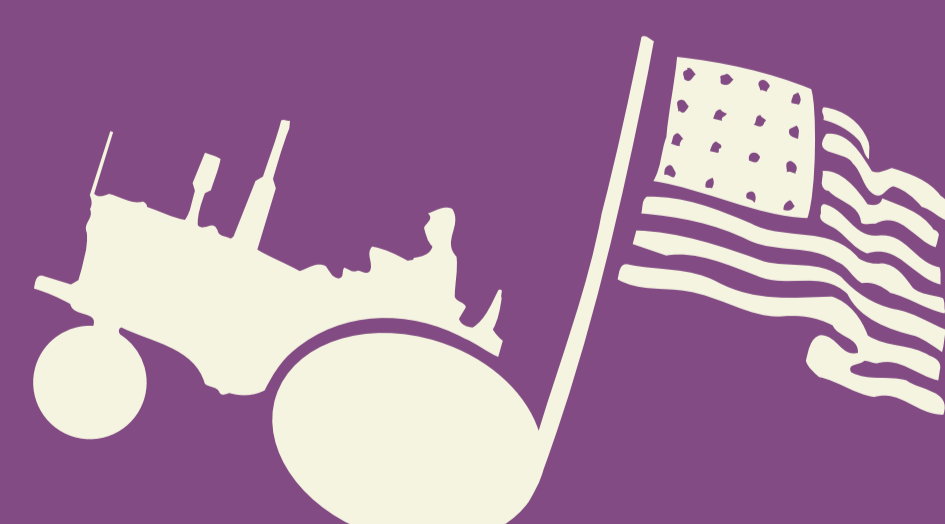
Farmers market wedges

Vegetarian bean ragu, shredded cheddar, black bean, corn, and fresh Pico de Gallo salad
(Organic beans and produce)

Saucy Wedges

Choice of: Sriracha ketchup, garlic aioli, malt vinegar aioli, pesto aioli
(Non-GMO potatoes)

ALL BUNS MADE FROM ORGANIC FLOUR, LOCAL PRODUCE. BBQ SAUCE FROM BIGG RIGGS FARM, ORGANIC TOMATOES FROM APPALACHIAN HARVEST, SEASONINGS PROVIDED BY FRONTIER CO-OP



PERENNIAL FARM AID FAVORITES

» JALEPEÑO CORNDOGS «

Hand Dipped Corndogs

Classic, Jalapeño, & Veggie
(organic beef dogs, non-GMO veggie dogs non-GMO cornmeal)

Fresh squeezed Limeade

(organic sugar)

» PATCHWORK FAMILY FARMS «

Pork chops

Spicy bratwurst

Regular bratwurst

Ham steak

(Pasture-raised by independent family farmers)

Farm Aid's **HOMEGROWN** YOUTHMARKET

FRUIT + VEGGIE STAND

Fruit and Vegetables

Apples, pears, grapes, nectarines, peaches and more
(Local Food Hub, Produce Source Partners)